

How the team works?

- ◆ The services of the home care team are mainly supportive and counseling
- ◆ The services help the patients, their family members and the professional caregivers
- ◆ The team's visits take place approximately once a month
- ◆ The services are for free
- ◆ The home care team is the only home care team in the prefecture of Thessaloniki



Info

Alzheimer Hellas

Alzheimer's Day Care Centres Saint Helen

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**Greek Association
of Alzheimer's Disease
and Related Disorders**

**Home care team for people
suffering from dementia**



*Let's take care those who
have taken care of us the
past years*

Care at home

The “**Home care team**” is part of Alzheimer Hellas and provides services in the homes of people suffering from dementia. The team’s goal is to carry out visits to patients’ homes with end stage dementia or less advanced stage of dementia but with serious disabilities that prevents them of coming to our day center.

Team of health professionals

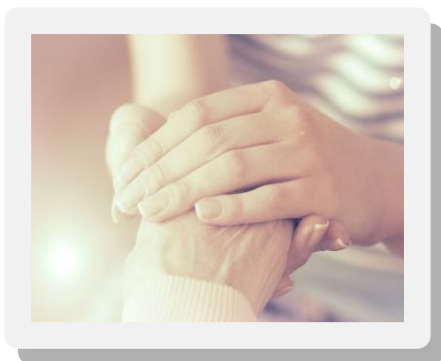
3 Neurologists

1 Dentist

1 Psychologist

1 Social Worker

1 Physiotherapist



Provided services

Neurologist

- ◆ Medical history
- ◆ Neurological assessment and diagnosis
- ◆ Check of medication, recommendation and set of medication
- ◆ Prescription

Psychologist

- ◆ General history of the patient
- ◆ Neuropsychological assessment
- ◆ Investigation of the caregiver’s psychological status
- ◆ Counselling and support of the caregiver and the family
- ◆ Counselling and psychological support for better management and treatment of behavioral disorders (irritability, sleep disturbances, aggression, delusions, hallucinations)

Social worker

- ◆ Psychosocial history
- ◆ Evaluation of the family’s social needs
- ◆ Support and counseling of the family in order to succeed social re-activation

- ◆ Information regarding to the services where they can find support
- ◆ Information regarding the benefits from their insurance
- ◆ Care in handling issues with insurance funds

Dentist

- ◆ Preventive dental acts like cleaning teeth, treatment of microabscesses and ulcers of the oral cavity
- ◆ Counseling for early detection of dentistry and oral hygiene problems
- ◆ Maintain proper chewing and swallowing process
- ◆ Counseling regarding nutritional issues

Physiotherapist

- ◆ Physiotherapy assessment and intervention
- ◆ Counseling and education of the caregivers

General services

- ◆ Continuing education by learning simple skills for the effective care and a better quality of life
- ◆ Counseling for prevention and relief of various problems (constipation, bedsores)